



## PARENT PAGE

*Parents have the unique responsibility for the education of their children; they are the first educators or catechists. They teach by their witness of the faith, through their values and attitudes, by their Christian example of love for Christ and his church. When children are baptized, parents accept the responsibility to raise their children in the practice of the faith...*(National Directory for Catechesis 234-235)

Dear Parents,

In a special document entitled *Letter to Families*, Pope John Paul II wrote: “Parents are the first and most important educators of their own children, and they also possess a fundamental competence in this area; they are educators because they are parents”(16). You are the first and best role model for your child in these growing years. Your role as parent to love, teach, and lead your child to Jesus is a remarkable and noble vocation.

At this particular stage of development fifth graders are strongly influenced by the group and need to be like their peers. They are beginning to experience self-consciousness and sensitivity to criticism. In this transition time between adolescence and the peaceful years of middle childhood, they can be unpredictable, having both spurts of high and low energy at the same time. Children at this age need help to cultivate virtues like modesty and consideration of others. They are developing close friendships and need help in identifying feelings and how to act upon them in a positive manner. Fifth graders are influenced by media and advertisements and are attracted to and value whatever enables them to experience physical/mental control over their environment. They are idealistic and begin to ask questions about themselves and their lives, and are aware of problems in their families and their world. Children at this stage need reassurance that God’s love for them as individuals is real. Parents should repeat the message of self-worth again and again.

### *Your Child’s Faith Development*

Like other stages of development, your fifth-grader’s faith development is important. Although children at every developmental level have many characteristics in common, each child is unique and will not fit entirely into any model developed. Keep in mind then that your child will come to know and understand the faith at his or her own rate of development. However here are some general points to remember.

Children at this age:

- ✠ Continue to grow in their relationship with God through prayer
- ✠ View all events in their lives as part of faith
- ✠ Understand symbols and stories, and religious images of God in a way that can be somewhat literal
- ✠ Need help to develop their own unique God-given gifts
- ✠ Can take greater roles of responsibility in prayer and worship
- ✠ Catch the tradition of the past through stories (scripture, Jesus, stories of the Church). Can identify outstanding role models of the present
- ✠ Begin to glimpse themselves in the future through observing the virtues and character of heroes and heroines and mature adults
- ✠ Respond to lived faith witness by willingness to participate in more systematic presentation of the faith, liturgy, and religious practices
- ✠ Need help to see the reasons behind Church rules, privileges, and responsibilities
- ✠ Need help to understand that God desires the good and happiness of everyone

- ✠ Vest greater importance in their expanding world of school, community, people, and events around the world (the latter brought closer through media, internet etc.
- ✠ Can be introduced to care for the aged, persons with disabilities, the poor in the neighborhood and the world, through their expanded involvement with others outside the home
- ✠ Gain a sense of responsibility and develop care for others by being involved in charitable collections, community clean ups, and other organized events
- ✠ Begin to have a genuine sense of fairness and equality
- ✠ Can take others' views into account in bargaining to meet their own needs
- ✠ Grow in the ability to understand abstract qualities in the future such as justice and injustice by participating now in activities with sharp contrasts between good and evil

### *How You Can Help Your Child Grow in Faith*

Your child will continue to learn more about the Church and the importance of belonging, participating, and sharing in the faith community—the life of the Church. He/she will come to learn that everyone has a call to holiness in imitation of Jesus. That we respond to this call by living as members of the Church, by understanding and obeying the Ten Commandments, by following the great commandment of love of God and neighbor, as well as, the beatitudes and the spiritual and corporal works of mercy. Your child will learn that the Holy Spirit enlightens us and gives us the power to live as Jesus did.

Here are several points that will aid you over the course of this year, in helping your child grow in his/her faith.

- ➔ Attend and participate in Sunday Mass and holy days of obligation as a family.
- ➔ Create opportunities at home to gather and pray together as a family.
- ➔ Get involved as a family in charitable events or causes outside the home by volunteering at parish/community events.
- ➔ Make it a practice to go to confession as a family at least seasonally. Discuss the importance of forgiveness and ways in which we can atone for our sins.
- ➔ Discuss with your child ways that he/she can take care of his/her body and respect the bodies of others. Let your child know that you are always available to discuss any issues that might arise.
- ➔ Discuss ways in which friends, society, and media can lead to occasions of sin as well as occasions of grace. Make it a point to mention the importance of safe use of the internet.
- ➔ Identify Mary as the ideal model of faith and holiness for us. Teach your child how to pray the rosary.

In order to understand the Catholic faith more fully every family should have a copy of the Bible, the *Catechism of the Catholic Church*, the *United States Catholic Catechism for Adults*, and the *Compendium of the Catechism of the Catholic Church*.

## Grade 5

# BACKGROUND FOR CATECHISTS

### *Know Your Audience*

Just like Jesus, every good catechist knows their audience.

**“The catechist – must take into consideration all the human factors of a particular age level in order to present the Gospel message in a vital and compelling way.” (NDC #48)**

### *Who Are Your Fifth Graders?*

#### **Faith Development**

##### **Children at this age:**

1. Continue to grow in their relationship with God through prayer. Can take greater roles of responsibility in prayer and worship.
2. View all events in their lives as part of faith.
3. Understand symbols, stories, and religious images of God in a way that can be somewhat literal.
4. Need help to develop their own unique God-given gifts.
5. Catch the tradition of the past through stories (scripture, Jesus, stories of the Church). Can identify outstanding role models of the present.
6. Begin to glimpse themselves in the future through observing the virtues and character of heroes and heroines and mature adults.
7. Respond to lived faith witness by willingness to participate in more systematic presentation of the faith, liturgy, and religious practices.
8. Need help to see the reasons behind Church rules, privileges, and responsibilities.
9. Need help to understand that God desires the good and happiness of everyone.
10. Vest greater importance in their expanding world of school, community, people, and events around the world (the latter brought closer through media).
11. Can be introduced to care for the aged, persons with disabilities, the poor in the neighborhood and the world, through their expanded involvement with others outside the home.
12. Gain a sense of responsibility and develop care for others by being involved in charitable collections, community clean ups, and other organized events.
13. Begin to have a genuine sense of fairness and equality.
14. Can take others' views into account in bargaining to meet their own needs.
15. Grow in the ability to understand abstract qualities in the future such as justice and injustice by participating now in activities with sharp contrasts between good and evil.

## **GRADE 5 CATECHISTS GUIDING PRINCIPLES**

### **Catechists can:**

1. Provide reasonable explanations and increased group activities because the children have developed a longer attention span. Augment the docility and the unquestioning acceptance of adult explanations by capitalizing on the children's interest in sharing in small group discussions.
2. Foster opportunities to replace interest in fantasy and fairy tale by interest in true-to-life stories that originate in the life of the Church, in their own communities and cultures, as well as in other areas.
3. Provide group projects in which all the children can be involved because children learn most effectively when engaged in the learning process.
4. Stimulate the children's creativity through music, art, drama, and related activities. Provide an opportunity for them to express and appreciate religious concepts.
5. Encourage students to analyze facts and to explore the lived faith of believers, past and present, whose lives they can emulate.
6. Continue to offer opportunities for meaningful memorization, particularly of certain essential doctrinal statements.
7. Use daily situations and discussions to help students develop skills in moral decision making. Challenge the students to correlate what they say they believe with their actions. Encourage them to do what is right because it is right, whether it pleases the group or not. Stress the reasons and the values underlying the rules, as well as the importance of right motives.
8. Include the element of social awareness in prayer experiences and reconciliation services. Move away from a simplified following of the rules and help the children to progress toward a faithful response to a call from the Lord. Make children aware of social ills and human need by helping them to become involved in social justice activities in various ways - e.g. recycling bottles and aluminum, learning not to waste natural resources. Teach that all are called to give of their time, talents, and earthly goods.
9. Present Jesus as a model and friend. Identify biblical personalities, saints, and people in our own day who are living as Jesus did and who also serve as role models.
10. Explore more fully doctrines of the creed, commandments, and sacraments. Emphasize the meaning behind law and ritual. Provide explanations that represent the effectiveness of Christ at work in the world today.

11. Accept pre-adolescent restlessness, boredom, and awkwardness as a way to help students experience God's love for them as individuals. Repeat the message of self-worth again and again.
12. Understand that as peer pressure is a reality and pre-adolescents fear peer rejection, liturgical/sacramental experience rooted in the group is appealing and that community is an inviting concept. Encourage students to participate fully as a group in preparing materials and place for celebrations, playing musical instruments, reading the scripture, dramatizing the Gospel story, carrying the presentation gifts, making decorations, and presenting commentaries.
13. Encourage the understanding of God as a partner, someone to whom they can talk, someone who affects them personally, someone with whom they can enjoy periods of silence and reflection. Establish a positive attitude toward prayer and its purposes. Offer a variety of prayer experiences: rote prayers, silent or centering prayers, spontaneous prayers and petitions, meditative prayer, paraliturgies, and prayer services.
14. Educate students in attitudes and behaviors in the cause of peace and justice. Focus on three current areas of concern: world peace, world hunger, and the rights of the oppressed.

## **Physical Development**

### **Children at this age:**

1. Are unpredictable; are a cause of irritation to themselves and others; worry about body development.
2. See body as an embarrassing object because of the vast differences in rate of change among this age group.

## **Social and Emotional Development**

### **Children at this age:**

1. Are strongly influenced by the group; need to be like peers; are developing close friendships.
2. Are in a transition time between adolescence and the peaceful years of middle childhood; are unpredictable, having both spurts of high and low energy at the same time.
3. May act/dress older than their age; need help to cultivate virtues like modesty and consideration for others.
4. Need help to identify feelings and how to act upon them in a positive manner – (giggling covers up emotions regarding the opposite sex).

5. Like quiet time (e.g. reading) and time with peers (eg. Playing complex games).
6. Do not want to risk being laughed at; may avoid answering orally in a large group; enjoy discussions better; prefer recording and reporting back to the large group.
7. Are influenced by media and advertisements; are attracted to and value whatever enables them to experience physical/mental control over their environment.
8. Are idealistic; are beginning to ask questions about themselves and their lives; are aware of problems in their families and world.
9. Have feelings close to the surface; worry about looks, self, family, almost all think they are different; experience self-consciousness and sensitivity to criticism.

## **Cognitive Development**

### **Children at this age:**

1. Think on a factual/concrete level.
2. Are able gradually to form abstract ideas/concepts based on experience.
3. Manifest intense curiosity, a thirst for new experiences and a desire to collect, organize, and correlate factual material. Enjoy making collections of all kinds.
4. Tend to see details more clearly than the main idea.
5. Are able to observe people, situations and form conclusions about them.
6. Search for explanations and are beginning to work with universals.
7. Can memorize details but should always have this coupled with understanding.
8. Have attention spans that usually exceed 20 minutes.
9. Like to read, can participate in activities with complicated rules, can think chronologically, enjoy being silly, and delight in playing with the double meaning in language.

### **NOTES**

1. Pope John Paul II in **On Catechesis in Our Time** encourages the use of advances in pedagogy; biology, sociology as they help us to model God's Divine Pedagogy (teaching us gradually in stages according to our level of development). The above

noted information is consistent with such documents as the *General Directory for Catechesis*, the *National Directory for Catechesis*, the *Catechism of the Catholic Church* and other Catechetical Documents of the Church.

2. The above sciences have limitations. While this information does provide references to typical age ranges, children continue to be viewed as individuals and individual differences need to be taken into account.

# **FIFTH GRADE**

## **CURRICULUM STANDARDS**

**Theme: Jesus instituted the seven sacraments to give us grace. In the experience of the seven sacraments we share the life and person of Jesus in a special and unique way.**

**The Catechist should:**

- **Make copies of the Parent Page (front and back) for students to take home.**
- **Read the Background for Catechists Information.**
- **Become familiar with the *National Directory for Catechesis & the United States Catholic Catechism for Adults*.**
- **Review previous understandings with students:**
  - Recall that we are all called to live holy lives and imitate Jesus in our actions and choices.
  - Recall that we become fully initiated members of the Church through baptism, confirmation, and Eucharist.
  - Review the Ten Commandments, two great commandments, beatitudes, spiritual and corporal works of mercy as guides to daily life.
  - Recall that the Holy Spirit guides us to make good choices and live as Jesus did.
  - Review the individual and communal forms of celebration of the sacrament of penance.
  - Review an examination of conscience.
  - Recite the following prayers:
    - Sign of the Cross
    - Our Father
    - Hail Mary

Glory Be  
Angel of God  
Prayers before and after meals (optional)  
Prayer before the Blessed Sacrament  
Act of Contrition  
Apostles Creed

- Review an examination of conscience
- Review and describe the steps included in the individual celebration of the sacrament of penance and the reasons for each.

**AT THE END OF THIS GRADE LEVEL STUDENTS WILL DEMONSTRATE THE FOLLOWING UNDERSTANDINGS AND APPRECIATION OF THE EXPERIENCES INDICATED.**

[Note about symbols: Of the six tasks of catechesis (knowledge of the faith; liturgy & sacraments; moral formation; prayer; community; missionary spirit) five have a symbol assigned to them. Knowledge of the Faith is the organizing task]

**Symbol Key:**

 = Liturgy & Sacraments     = Moral Formation     = Prayer     = Community     = Missionary Spirit

**Reference Code:** CCC = *Catechism of the Catholic Church*  
Compendium = *Compendium to the Catechism of the Catholic Church*  
USCCA = *United States Catholic Catechism for Adults*

## KNOWLEDGE OF THE FAITH

### 1. Jesus, the Sacrament of God, is the visible sign of God's love for all people.

CCC #1076, 1115; Compendium # 93, 122; USCCA pp. 77-87



- Students will appreciate that ALL persons are created in God's image. Understand that all of creation reflects God's existence.



- Students will participate in a prayer service celebrating God's unending love.

Mark 1:9-11...Baptism of Jesus

Vocabulary: prayer, sign, symbol

### 2. The Church is the Sacrament of Christ in the world.

CCC #738, 1118; Compendium #147 – 160; USCCA pp. 114, 116, 117, 122



- Students will grow in the understanding that the Holy Spirit gives us special gifts and talents for the good of the community.

Acts 2:1-4... Pentecost; Isaiah 11:2-3...Gifts of the Spirit

Vocabulary: Catholic, community, laity, sacrament, gifts of the spirit

### 3. Signs and symbols and their meanings are important in every aspect of our daily lives.

CCC #1146-1148; Compendium #224; USCCA pp. 169, 268

Vocabulary: sign, symbol

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**4. Through sacramental signs and symbols we are able to experience the presence of God through the power of the Holy Spirit.**

CCC #1084, 1097, 1111, 1120, 1145, 1152, 1153, 1155; Compendium # 108, 127, 139, 224, 314; USCCA pp. 169, 177, 184-187, 204-207, 222, 229, 268



- Students will appreciate that the love of Jesus continues through us to the world in the Spirit of God.

Vocabulary: sign, symbol, sacramental

**5. The sacraments, through both word and symbol, bring God into our lives and bring us into God's life.**

CCC #1084, 1088-1089, 1091-1092, 1122-1123; Compendium #224, 230; 357; USCCA pp.168-170



- Students will participate in a prayer service celebrating God's welcoming us into the Christian community.

Vocabulary: Anointing of the Sick, Baptism, Eucharist, Holy Orders, Marriage, Reconciliation, Confirmation, sacrament, sacramental

**6. Grace is God's life in us.**

CCC #1996, 1997; Compendium #357; USCCA pp. 168-170

Galatians 5:22-23...Fruits of the Holy Spirit; Isaiah 11:2-3...Gifts of the Spirit

Vocabulary: grace

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**7. Grace empowers us to grow in virtue.**

CCC #1810-1811; Compendium #378

**8. Baptism the initial encounter with the sacramental Christ is a dying of self to sin a sharing in the risen life of Christ, and a joining to the community of Christ’s Church.**

CCC #1213-1284; Compendium # 147, 263; USCCA pp. 183-184



- Students will appreciate that all followers of Jesus are called to the ministry of service through baptism.

Vocabulary: baptism, initiation, original sin, chrism, sacrament of initiation

**9. Confirmation is a completion of initiation, a call to each Catholic to grow in faith and witness, and an empowerment through the gifts and fruits of the Holy Spirit.**

CCC #1285-1321, 1829-1831; Compendium # 265-270, 389, 390; USCCA pp. 203-211



- Students will grow in the understanding that the Holy Spirit gives us special gifts and talents for the good of the community.

Acts 2:1-4... Pentecost

Acts 8:15-17... Laying on of Hands

Galatians 5:22-23... Fruits of the Holy Spirit


Isaiah 11:2-3... Gifts of the Spirit

Vocabulary: confirmation, apostle, disciple, faith, sacrament of initiation, sanctifier, Blessed Trinity

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**10. Eucharist, the center of sacramental life, is consecrated by an ordained minister, the priest; is the real presence of Jesus; and is a nourishing, strengthening, and unifying source for the People of God.**

CCC #1142, 1374, 1097, 1123, 1324, 1322-1419; Compendium #271-294; USCCA pp. 213-232, 487

 - Students will participate in a class level Liturgy of the Eucharist.

 - Students will establish a prayerful environment in the classroom.

Luke 24:13-35... Emmaus Story


Luke 24:14-20... Last Supper


Vocabulary: Blessed Sacrament, consecrate, Eucharist, liturgy, Liturgy of the Eucharist, revelation, sacrament of initiation

**11. Penance is:**

- a celebration of God's forgiveness.
- an absolution of our sins.
- a reunion between us and God and the Church.

CCC #1422-1498; 1424, 1440-1443, 1462, 1449, Compendium #296-312; USCCA pp. 231-247

 - Students will become aware of the affects of sin that separate us from God and community.

 - Students will understand the call from God to exercise our freedom wisely by living moral lives. Reflect upon God's gift of free will and our responsibility for our own actions. Grow in the understanding that sin is freely choosing to do what we know to be wrong or omitting to do what we know is good. Develop a simple method for conscience formation and moral decision making.

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- Students will reflect upon personal failings and sin in relationship to Jesus' law of love, the Ten Commandments, and the precepts of the Church. Participate in a prayer service celebrating God's healing and forgiving presence and unending love.

John 3:1-21... Nicodemus                      Luke 15:11-32... Forgiving Father  
 John 4:5-26... Woman at the Well

Vocabulary: absolution, conscience, compassionate, judgment, mortal sin, venial sin, sin, reconciliation, sacrament of healing, ten commandments

**12. The vocation we freely choose to the married, vowed religious, priestly or single life is our response to our baptismal call.**

CCC #873, 897 & 898, 915 & 916, 1577, 1603, 1604; Compendium # 188; USCCA pp. 452

Matthew 4:18-22... Call of the Apostles

Vocabulary: baptism, holy orders, marriage, priesthood, religious life, sacraments of commitment

**13. Anointing of the Sick is:**

- an extension of the healing of Christ to the seriously ill or elderly.
- taking away of sin through the grace of the Holy Spirit.
- a relief and strengthening for the soul of the sick person.
- sometimes a restoration of bodily health.

CCC #1499-1532; Compendium #313-320; USCCA pp.252-259



- Students will value all forms of life as a sacred gift. Value persons of every race and ability and understand they are of inestimable value from the unborn to the elderly and terminally ill.

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- Understand that Jesus heals others through us.

Luke 10:30-37... Good Samaritan    Mark 6:12-13... Anointing with Oil  
James 5:14-15... If Anyone Is Ill

Vocabulary: anointing of the sick, advocate, death, sacrament of healing, viaticum

**14. Matrimony is:**

- a celebration of life-long love and commitment between a man and a woman.
- a reflection of the covenant of indissoluble love between Christ and the Church.
- an empowerment for the couple to be love-giving and life-giving.

CCC #1601-1666; Compendium #337-350; USCCA pp. 277-292



- Students will understand that all members of families have the right to be treated with love, respect, and dignity.

John 2:1-11... Wedding at Cana    Matthew 19:6... God Has Joined Together  
Ephesians 5:25-33... Love Each Other

Vocabulary: fidelity, marriage, sacrament of commitment, vocation, vow

*Catechists should reference the “Special Topics” section of the Curriculum Standards entitled “Vocations”*

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**15.Holy Orders is:**

- a permanent sign of Christ's presence through the priest.
- a primary means of the sacramental presence of Christ.
- a celebration of the three orders of bishop, priest, and deacon.

CCC #1548-1551, 1554, 1555-1571, 1582, 1583; Compendium # 321-336;  
USCCA pp. 261-275

✠ - Students will be open to the possibility of God’s invitation to the priesthood or religious life.

Mark 3:13-19... Commissioning of the Apostles    Matthew 4:18-22... Call of the Apostles

Vocabulary: celibate, deacon, Holy Orders, ordain, priesthood, sacrament of commitment, vocation

*Catechists should reference the “Special Topics” section of the Curriculum Standards entitled “Saints” and “Vocations”*

**16.The Liturgy is the public worship of the Church.**

CCC #1069, 1140; Compendium #218-220; USCCA pp.170, 174, 178

✠ - Students will appreciate the cycle of liturgical seasons, major feasts days, and holy days of obligation throughout the church year.

Mark 14:22-26...Last Supper            Luke 24:14-20... Last Supper

Vocabulary: Liturgical year, liturgy, liturgy of the Eucharist, liturgy of the Word, advent, lent, gospel, creed, Easter Vigil, mystery, ordinary time, Word of God, worship

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**17. Every Catholic is responsible for building up the body of Christ within the parish family.**

CCC #1070, 1071, 1091, 1098, 1140; Compendium #177, 188, 189, 190, 191; USCCA pp.115-118, 122, 134-135, 137



- Students will identify ways we can build up the parish family. Participate in celebrations that honor the religious and cultural heritage of the parish such as customs for saints days, special blessings for holidays and holydays.



- Students will practice the spiritual and corporal works of mercy. Appreciate the beatitudes as Jesus' invitation to perfection. Grow in the awareness of the continuous need for peace and justice in the world, with some understanding of world hunger, world peace, human rights, sacredness of life, and the need to care for the environment as God's creation.

Mark 3:13-19... Commissioning of the Apostles      Vocabulary: beatitude, saint, justice, laity

**18. Sacramentals are a blessing, an action or an object that remind us of Christ's presence and love, e.g. holy water, oil, incense, blessed palm, medals, statues.**

CCC #1667, 1670, 1671-1673; Compendium # 351; USCCA pp.293-303

Vocabulary: sacramental, sign, symbol

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**19. At the end of time, when Christ returns, all of humanity will be accountable for their participation in building the kingdom of God.**


CCC #1021, 1038, 1039; Compendium # 134-135, 214-216; USCCA pp. 156-158

Vocabulary: judgment, kingdom of God

**20. At death, each individual will be personally accountable before God for the choices one has made during one's life.**

CCC #1021, 1022; Compendium #135, 205, 208; USCCA pp. 153, 161

 - Students will reflect upon God's gift of free will and our responsibility for our own actions. Reflect upon personal failings and sin in relationship to Jesus' law of love, the ten commandments, and the precepts of the Church.

 - Students will understand the call from God to exercise our freedom wisely by living moral lives. Reflect upon God's gift of free will and our responsibility for our own actions. Grow in the understanding that sin is freely choosing to do what we know to be wrong or omitting to do what we know is good. Develop a simple method for conscience formation and moral decision making.

Vocabulary: death, heaven, hell, judgment, purgatory

**21. Heaven means living in complete union with God forever.**

CCC: #1023, 1025-1029; Compendium #209; USCCA pp. 157-158

Vocabulary: heaven, death, kingdom of God

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**22.Hell means being separated from God forever.**

CCC #1033, 1035-1037; Compendium #74, 212, 213; USCCA pp. 153-155

Vocabulary: hell, death, judgment, mortal sin

**23.Purgatory means the continuing journey after death of moving toward complete union with God forever.**

CCC #1030, 1031; Compendium #210, 211; USCCA pp. 154, 156, 160-161

Vocabulary: purgatory, death, judgment, justice

**24.All religions that recognize the mystery of God's presence are deserving of respect.**

CCC #838-843; Compendium #163,168; USCCA pp. 127-129, 136, 193



- Students will appreciate that ALL persons are created in God’s image. Understand that all of creation reflects God’s existence.



- Students will practice the spiritual and corporal works of mercy. Appreciate the beatitudes as Jesus’ invitation to perfection.

Luke 10:30-37... Good Samaritan

John 4:5-26... Woman at the Well

Vocabulary: compassionate, disciple, grace, gospel, justice

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## THE TEN COMMANDMENTS

- **In the Old Testament God made a covenant with His people. The Ten Commandments are a very important part of this new relationship.**

CCC #2058, 2060-2077

### First Commandment

1. **Instruct the students that the first commandment calls for faith, hope and charity.**

CCC #2086, 2134

2. **Stress that the first commandment requires us to pray. Prayer is the opposite of superstition, divinization and magic.**

CCC #2098, 2111, 2115-2117, 2135, 2138

### Second Commandment

- **Teach that perjury is taking a false oath; it calls God to witness to a lie.**

CCC #2150-2152, 2163

### Third Commandment

1. **Profess that Catholics have the privilege and duty of attending Sunday Mass; not to do so deliberately is a grave sin.**

CCC #2180-2181, 2192

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- 2. Guide the student to the observance of the Holy Days of Obligation: Mary Mother of God, Ascension, Assumption, All Saints, Immaculate Conception, and Christmas.**  
CCC #2177

**Fourth Commandment**

- 1. Teach that the family is the first cell of society; a society depends on families and must foster them.**  
CCC #2207, 2210, 2250
- 2. Instruct that as children grow older, they must help their parents as much as they can.**  
CCC #2218

**Fifth Commandment**

- 1. Profess the respect for life in all its forms from conception to natural death.**  
CCC #2280-2281, 2325
- 2. Inform the students that “Suicide is seriously contrary to justice, hope and charity. It is forbidden by the fifth commandment.”**
- 3. Cultivate the respect for life — we fight threats against life (abortion, euthanasia, capital punishment)**
- 4. Understand that abortion is the killing of an innocent human life and is genocide.**

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**5. Respect our bodies we must take reasonable care of our health.**

CCC #2288

**6. Learn that “Scandal is a grave offense when by deed or omission it deliberately leads others to sin”.**

CCC #2284-2287, 2326

### **Sixth Commandment**

**1. By chastity, we gain mastery over ourselves; this is a life-long task to which all are called.**

CCC #2339-2342, 2348

**2. Become followers of Christ who is our model of chastity.**

CCC #2394

### **Seventh Commandment**

**1. Learn that when we steal or cheat another, we are bound to make reparation.**

CCC #2412, 2454

**2. Guide the student that God gave us the animals to use, not to abuse.**

CCC #2416-2418, 2457

### **Eighth Commandment**

➤ **Instruct that a lie or offense against a person’s reputation demands reparation.**

CCC #2487, 2509

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**Ninth Commandment**

- **Inform the students that Catholics respect their bodies, and the bodies of others, as temples of the Holy Spirit.**  
CCC #2519

**Tenth Commandment**

- **Teach that one should not covet (desire) anything that belongs to one's neighbor.**  
CCC #2538-2559

**THE SEVEN SACRAMENTS OF THE CHURCH**

- 1. Develop a deeper understanding of each of the seven sacraments.**
- 2. Identify the sacraments of initiation, healing, and vocation.**  
CCC #977-978, 1420-1421, 1425, 1533-1535
- 3. Explain each sacrament, its ritual and symbol.**  
CCC #1145-1146

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## The Sacrament of Baptism

1. **Baptism is the initial encounter with the sacramental Christ.**  
CCC #1213
  
2. **Instruct that the baptized person becomes an adopted child of the Father, a member of Christ's Church and a temple of the Holy Spirit.**  
CCC #1265
  
3. **Explain that the baptized are incorporated into the Church and share in the priesthood of Christ.**  
CCC #1267-1269, 1279
  
4. **Indicate that the Church baptizes infants because they have original sin and because She desires for them the priceless grace of becoming a child of God.**  
CCC #1250-1252, 1282
  
5. **Encourage a dying of self to sin.**  
CCC #1216, 1250, 1262-1263
  
6. **Understand Baptism as a joining to the community of Christ's Church.**
  
7. **Define the fruits of Baptism as forgiveness of original and personal sin and birth into new life.**  
CCC #1213, 1263

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### The Sacrament of Confirmation

- 1. Recognize how Confirmation helps to complete baptismal grace.**  
CCC #1285, 1321
- 2. Teach that the ordinary minister of Confirmation is the bishop.**  
CCC #1312-1313
- 3. Respond to the call to each Catholic to grow in faith and witness.**  
CCC #1285, 1303
- 4. Receive an empowerment through the gifts and fruits of the Holy Spirit.**  
CCC #1303, 1829-1831

### The Sacrament of Eucharist

- 1. Emphasize the Eucharist as the center of sacramental life.**  
CCC #1322, 1324, 1419
- 2. Teach the Eucharist as the source and summit of Christian life.**  
CCC #1327, 1407
- 3. Call the Eucharist the Lord's Supper, the Holy Sacrifice, Holy Communion and Holy Mass.**  
CCC #1328-1332
- 4. Teach that the Eucharist is offered also for the faithful departed who have died and are not yet purified, so that they may enter heaven.**  
CCC #144, 1371

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- 5. **Recall Christ present in the priest, the assembly, the Word of God, but especially in the Eucharist.**  
CCC #1373
- 6. **Realize that we adore Christ present in the Eucharist, both during Mass, and reserved in the tabernacle.**  
CCC #1378, 1418
- 7. **Understand that the Eucharist is not a symbol but the Real Presence of Jesus - wholly and entirely present.**  
CCC #1088, 1373-1377
- 8. **Realize that the essential signs of the Eucharist are wheat bread and grape wine, which become Christ's Body and Blood by the power of the Holy Spirit.**  
CCC #1412
- 9. **Explain the Eucharist as a nourishing, strengthening, and unifying source for the People of God.**  
CCC #1097, 1123

**The Sacrament of Penance**

- 1. **Teach of the importance of the Sacrament of Penance.**  
CCC #1422, 1498
- 2. **Explain that the essential elements of the sacrament are contrition, confession of sin, satisfaction made by the penitent, and absolution of the priest.**  
CCC #1448, 1480, 1491

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- 3. **Teach that sin wounds God’s honor, the human dignity of the sinner, and the good of the Church; no evil is graver than sin.**  
CCC #1487-1488
- 4. **Inculcate that the Sacrament of Penance provides forgiveness for sins committed after Baptism.**  
CCC #1446
- 5. **Recognize that Penance offers a reunion among God, the Church and us.**  
CCC #1424, 1440, 1443-1445, 1462

**The Sacrament of Anointing of the Sick**

- 1. **Explain the Anointing of the Sick.**  
CCC #1499, 1532
- 2. **Indicate that Christ’s sufferings on the cross give a new meaning to human suffering.**  
CCC #1505, 1521
- 3. **Believe that the Anointing of the Sick is an extension of the healing of Christ to the seriously ill or elderly.**  
CCC #1499, 1514
- 4. **Recognize that this sacrament provides a relief and strengthening for the soul of the sick person.**  
CCC #1503, 1508, 1520-1521
- 5. **Introduce that sometimes a restoration of bodily health takes place.**  
CCC #1512, 1515, 1520

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## The Sacrament of Matrimony

- 1. Develop a deeper understanding of Matrimony.**  
CCC #1601, 1666
- 2. Understand that marriage is a celebration of life-long love and commitment between a man and a woman.**  
CCC #1601, 1604, 1643, 1660
- 3. Identify marriage as a reflection of the covenant of indissoluble love between Christ and the Church.**  
CCC #1605, 1639-1640, 1644, 1661
- 4. Recall that marriage is an empowerment for the couple to be love-giving and life-giving.**  
CCC #1641-1642
- 5. Portray the love of husband and wife as the image of the love of Christ for his Church.**  
CCC #1616-1617, 1659, 1661

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## The Sacrament of Holy Orders

1. **Recognize the Sacrament of Holy Orders.**  
CCC #1536, 1600
2. **Understand the ordained ministry as one which teaches, sanctifies and governs the People of God.**  
CCC #1552-1553
3. **Review a permanent sign of Christ's presence through the priesthood.**  
CCC #1582-1583
4. **Realize that priesthood is a primary means of the sacramental presence of Christ.**  
CCC #1548, 1551
5. **Understand the celebration of the three orders of bishop, priest, and deacon.**  
CCC #1554-1555, 1571, 1600
6. **Understand the ordained minister (the priest) as one who teaches, sanctifies and governs the People of God.**  
CCC #1552-1553
7. **Explain that only men are called to Holy Orders because of the manner in which Jesus Himself anointed the apostles and their role as representing Christ.**  
CCC #1538

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- 8. Learn that “among other tasks, it is the task of the deacon to assist the bishop and priests in the celebration of the divine mysteries, above all the Eucharist, in the distribution of Holy Communion, in assisting at the blessing of a marriage, in the proclamation of the Gospel and preaching, in presiding over funerals, and in dedicating themselves to the various ministries of charity.”**  
 CCC #1570, 1596

**RESPECT LIFE TEACHINGS**

- 1. Emphasize that concern for human rights, especially for human life, is a basic Gospel value.**  
 CCC #2258, 2273, 2297
- 2. Instill value for the various stages of life from conception to natural death.**  
 CCC #2260
- 3. Address clearly the evil of abortion as the killing of an innocent human life as a grave sin for anyone who participates.**  
 CCC #2271-2273
- 4. Teach the avoidance of stereotyping the physically or mentally challenged and the need to be accepting of persons with disabilities.**  
 CCC #2270, 2319, 2322-2323
- 5. Explain the Church’s teaching on the death penalty**  
 EV #58; CCC #2266-2267.

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**STUDENTS SHOULD BE FAMILIAR WITH THE FOLLOWING PRAYER:**

**Sign of the Cross**

**Our Father**

**Hail Mary**

**Apostles Creed**

**Glory Be**

**Act of Contrition**

**Prayer to the Holy Spirit**

**Angel of God**

**Prayer before the Blessed Sacrament**

**STUDENTS SHOULD BE FAMILIAR THE FOLLOWING CONCEPTS:**

**The Seven Sacraments**