

## **SENIOR HIGH - Supplemental Materials**

NEW

### **YOUCAT © 2011 Ignatius Press**

YOUCAT is short for Youth Catechism of the Catholic Church, which was launched on World Youth Day, 2011. Developed with the help of young Catholics and written for high-school age people and young adults, YOUCAT is an accessible, contemporary expression of the Catholic Faith. The appealing graphic format includes Questions-and-Answers, highly-readable commentary, summary definitions of key terms, Bible citations and inspiring and thought-provoking quotes from Saints and others in the margins. What's more, YOUCAT is keyed to the Catechism of the Catholic Church, so people can go deeper. It explains:

- What Catholics believe and why (doctrine)
- How Catholics celebrate the mysteries of the faith (sacraments)
- How Catholics are to live (moral life)
- How they should pray (prayer and spirituality)

The questions are direct and honest, even at times tough; the answers straightforward, relevant, and compelling. YOUCAT will likely become the "go-to" place for young people to learn the truth about the Catholic faith. Illustrated.

*"Study this Catechism with passion and perseverance. Make a sacrifice of your time for it! Study it in the quiet of your room; read it with a friend; form study groups and networks; share with each other on the Internet. By all means continue to talk with each other about your faith."* – Pope Benedict XVI

### **CR PUBLICATIONS – Catholicism Series © 1996-2006**

There are five volumes in this series: *Catholicism & Ethics*, *Catholicism & Society*, *Catholicism & Reason*, *Catholicism & Scripture* and *Catholicism & Life*.

Each volume is very dense and while it provides good material is not very user friendly or youth oriented. It may be helpful especially in teaching apologetics.

### **MIDWEST THEOLOGICAL FORUM – The Didache High School Textbook Series © 2003, 2005**

This four volume textbook series is designed for a Catholic high school setting: *Introduction to Catholicism, A Complete Course*; *Understanding the Scriptures, A Complete Course on Bible Study*; *The History of the Church, A Complete Course* and *Our Moral Life in Christ, A Complete Course*. Each text also has a Teacher's Manual and a Student Workbook. The content is excellent and may be helpful for DRE's and Catechists.

### **MIDWEST THEOLOGICAL FORUM – The Didache Semester Series**

This textbook series is designed for a Catholic high school setting and is based on the USCCB's document, *Doctrinal Elements of a Curriculum Framework for the Development of Catechetical Materials for Young People of High School Age*. It is an 8 semester series which includes the following texts: *Faith and Revelation*; *The Blessed Trinity and our Christian Vocation*; *The Mystery of Redemption and Christian Discipleship*; *The Church*; *The Sacraments*; *Our Moral Life in Christ*; *Understanding the Scriptures*; *The History of the Church*. Each text also has a Teacher's Manual and a Student Workbook. The content is excellent and may be helpful for DRE's and Catechists.

### **PRIORY PRESS - Dominican Series of Theology Textbook Series © 2000**

This is a four-volume series designed for use in a Catholic high school. The introductory volume, *Love's Revelation*, provides an especially good overview of basic Catholic doctrine, the Old and New Testaments, and Church History. The other three volumes are *God Calls You* (Vocation, Mystery of God, Trinity, Creation, Fall, etc.), *Responding to God* (Morality), and *Jesus is the Way* (Christ, Church, Sacraments). The material is presented in very good theological language. As the publisher states, the series is a "traditional Thomistic study in content and style, adapted for advance youth students."

While the material in the texts is excellent, it may be very challenging for many students, and therefore it is not on the highly recommended list. We would recommend it for home school use for advanced students. The student text could be used as good supplements for the teachers, and the teacher manuals also provide good overviews of the material and good ideas for assessments.

**EMMAUS ROAD (Steubenville) – Bible Study for Women by Stacy Mitch © 1999, 2002**

There are three books in this series:

*Courageous Women – A Study on the Heroines of Biblical History*

*Courageous Virtue – A Bible Study on Moral Excellence for Women*

*Courageous Love – A Bible Study on Holiness for Women*

Each book is designed for both leaders and students and contains eight in-depth lessons to be used alongside the Catechism and Scripture. Questions throughout each chapter and a leader's manual at the back of the book would help aid in teaching and discussion in a religious education setting. The content is straightforward and well founded with citations from the *Catechism*, Scripture, writings of the Saints, and writings of the Popes.

This would be a helpful supplement when teaching the 3<sup>rd</sup> Pillar: Life In Christ (Morality).

**EMMAUS ROAD (Steubenville) – From Boys to Men: The Transforming Power of Virtue Bible Study for Men by Tim Gray and Curtis Martin © 2001**

This book is designed for both leaders and students and contains nine in-depth lessons to be used alongside the Catechism and Scripture. Questions throughout each chapter would help aid in teaching and discussion in a religious education setting. The content is straightforward and well founded with citations from the *Catechism*, Scripture, writings of the Saints, and writings of the Popes.

This would be a helpful supplement when teaching the 3<sup>rd</sup> Pillar: Life In Christ (Morality).

**IGNATIUS – We're on a Mission From God: The Generation X Guide to John Paul II and the Real Meaning of Life by Mary Beth Bonacci © 1996**

This book was written specifically toward Catholic youth to help them have a better understanding of the Catholic Church and their role within it. Mary Beth Bonacci takes quotes from our Holy Father Pope John Paul II and unpacks them in a clear way. This book has been given out at Diocesan Confirmation retreats because it does such an excellent job of explaining the Church to our youth.

**LIFETEEN - [www.lifeteen.org](http://www.lifeteen.org)**

“LIFE TEEN, Inc., is an international Catholic ministry that serves the Church and leads teens closer to Christ by providing resources and training that encourage vibrant Eucharistic celebrations and opportunities for teens to grow in their faith.”

LIFE TEEN's website has many helpful resources including overviews of Saints' lives, Q & A segments, overviews of important topics including vocations, the Eucharist, and Theology of the Body. Their section on Saints' lives is excellent and geared towards teens.

**OUR SUNDAY VISITOR – Prove it! Series by Amy Welborn**

There are four books in this series that cover: God, Jesus, Church, and Prayer. The series is meant to help you find the answers you need when someone challenges your Catholic Faith. It is written for a teenage audience.

**YMCENTRAL - [www.ymcentral.com](http://www.ymcentral.com)**

“Providing web based resources for your catholic youth ministry”

YOUTH MINISTRY RESOURCES: General Reference and Recommended Books are available to order. You can also sign up for free weekly scripture reflections (via email) which provides Gospel reflections, discussion questions, and a power verse based on the Sunday readings.

CONFIRMATION RESOURCES: There is a Confirmation curriculum available to purchase and download from the Internet. It comes with a Leader's Guide, a Full Weekend Retreat, and a six-unit curriculum. Units include: God's Plan of Salvation, Developing a Relationship with Jesus, Christian Living, Deepening our Relationship with God, the Cost of Discipleship, and Catholic Distinctives. It is fully referenced to the *Catechism of the Catholic Church* and is loaded with Scripture passages. It passes on traditional Catholic devotions and prayers. It "recognizes and supports the efforts of your diocesan guidelines and builds upon them." This could be used as a good supplement to your immediate Confirmation preparation materials.

**ASCENSION PRESS – *Theology of the Body for Teens: Discovering God's Plan for Love and Life* © 2006**

This is a 12-session program based on Pope John II's Theology of the Body which has been adapted for teens. The study contains a Leader's Guide and a Student Workbook.

A set of DVD's for Theology of Body for Teens has been added to this resource.

**ASCENSION PRESS – *Theology of the Body for Beginners* by Christopher West © 2004**

This is a wonderful additional text that could be used in connection with the above Theology of the Body for Teens by Ascension Press. It could also be used as a standalone resource.

**ASCENSION PRESS – *The Great Adventure: T3 The Teen Timeline* © 2006**

This is an 8-session DVD or CD Bible study presented by Mark Hart, a dynamic speaker who has his finger on the pulse of today's Catholic teens. T3 is the foundational teen Bible study based on the popular Great Adventure Bible Timeline seminar created by Jeff Cavins. T3 unpacks God's Word in a manner teens can relate to by showing them the "big picture" of salvation history, and it gives them an overview of Scripture—and then leads them deeper into its riches. Each talk is 35 minutes. The study covers 12 main periods of salvation history while walking through 14 books of the Bible. The study contains the Leader's guide which includes all lesson plans, quiz answers, and much more to help you run a fruitful and engaging study. Each facilitator/group leader should have a guide. The study also includes the Study Workbook which contains everything a student needs to effectively complete this Bible study.

**ASCENSION PRESS – *T3 Matthew: Thy Kingdom Come Bible Study for Teens* © 2008**

This is an 8-session DVD or CD Bible study created and hosted by popular author and youth speaker, Mark Hart. *Thy Kingdom Come* picks up where *T3 Teen Timeline* left off, as Mark takes your teens on an in-depth journey into the heart of God. Follow along as the group encounters the authentic Jesus of the gospels. Enter into the drama of Christ's family tree, the birth of our Savior, His duel in the desert with Satan, and the life-changing truths of His Sermon on the Mount. Experience Jesus' ministry unfold through His miracles and parables. Be there as our Lord triumphantly enters into Jerusalem on His way to the cross, tomb, and resurrection. Your teens will feel like they are walking along with the apostles, as they learn about the inception of the Catholic Church, the papacy, and the sacraments, firsthand. Each talk is 35 minutes. The study contains the T3 Leader's guide which includes all lesson plans, quiz answers, and much more to help you run a fruitful and engaging study. Each facilitator/group leader should have a guide. The study also includes the T3 Study Kit which contains everything a student needs to effectively complete this Bible study.

**ASCENSION PRESS – *T3 Acts: The Keys and the Sword* © 2009**

This is a 4-session DVD or CD Bible study created and hosted by popular author and youth speaker, Mark Hart. *The Keys and the Sword* picks up where *T3 Matthew* left off. T3: Acts—The Keys and the Sword equips teens with a foundational understanding of the main characters, doctrines, events, and journeys that make up this incredible "gospel of the Holy Spirit." Beginning with the Ascension and Pentecost, these four sessions offer a deeper look at Sts. Peter and Paul, the evolution of the early Christian Church, the call to evangelization, the sacramental ministry, the first Christian communities, the trials of an evangelist, the call to offer our lives as a living witness, and much more. T3: Acts will leave your young people laughing, engaged, and ready for more!

### **ASCENSION PRESS – T3 Revelation: The Lion and the Lamb © 2009**

This is a 4-session DVD or CD Bible study created and hosted by popular author and youth speaker, Mark Hart. The book of Revelation has captured the interest of modern adults and teens alike. With all that has been written and sensationalized in recent novels and films, this has become the most talked about (and most misunderstood) book in Sacred Scripture. But what exactly does our Church teach about this seemingly “cryptic” book of the Bible and how in the world do we begin to break open something so complex with our Catholic teenagers? In *T3: Revelation–The Lion and the Lamb*, Mark Hart calms the concerns and unpacks the myths about Revelation, the end times, the mark of the beast, and so much more. T3: Revelation gives your teens an invaluable foundation for understanding the book of Revelation, while pointing out its modern significance, practical application, and daily relevance to a teenager’s life. In each of the four lessons, Mark skillfully unpacks the book’s main points and key chapters, while continually referring to the wisdom offered by our Catholic faith.

### **IGNATIUS PRESS – The Footprints of God Video/DVD Series**

The Footprints of God is the 10-volume video resource that covers the key people, places and teachings of Scripture, bringing them together in the rich tradition of the Catholic Church. They help students understand what Catholics believe, and why. Steve Ray, popular Catholic author, speaker and apologist is your teacher throughout this excellent series. The Footprints of God brings you visually through the most holy sites on Earth -- from Israel, Egypt and Rome to Greece, Turkey and Iraq. Steve asks the tough questions, and discovers answers that help Catholics and other Christians to truly understand and explain their faith. All in a fast-paced, entertaining format that combines the best elements of a travel documentary, a biography, a Bible study, an apologetics course and a Church history study. Below is a list of the 10 volumes:

#### *Completed Productions*

Moses: Sign, Sacraments & Salvation (VHS or DVD) goes back and relives the Exodus from Egypt, while explaining the Old Testament basis for - and the reality of - the Sacraments and salvation. (90 minutes)

David and Solomon: Expanding the Kingdom (VHS or DVD) focuses on the visible unity and leadership of the Church by discovering the land and biblical stories of the Israelite kings and kingdoms. (90 minutes)

Mary: Mother of God (VHS or DVD) steps back in time to visit the Virgin Mary, exploring her life and her role in salvation while explaining Marian teachings. (78 minutes)

Jesus: The Word Became Flesh (VHS or DVD) examines the great mysteries of His life and person as revealed in the Bible and defined by the Church, enabling us to better know and love Him. (94 minutes)

Peter: Keeper of the Keys (VHS or DVD) tells the story of the fisherman and shepherd of God’s flock, while uncovering and explaining papal authority, infallibility, and the succession of the Chair of Peter. (75 minutes)

Paul: Contending for the Faith (VHS or DVD) travels the ancient Roman Empire discovering Paul the man, the missionary and the apostle, and explores the issues of law, grace and the fullness of the faith. (90 minutes)

The Apostolic Fathers: Handing on the Faith follows Saints Clement, Ignatius, Justin Martyr and Polycarp as they demonstrate how Christianity arose from the blood of the martyrs, and focuses on the crucial importance of apostolic tradition and succession. (90 minutes)

#### *Forthcoming Productions*

Abraham: Father of Faith and Works not only covers the life and times of Abraham, but explores the foundational issues of salvation, faith and works.

Elijah and Elisha: Conscience of the Kingdom emphasizes the power of God, His desire for holiness in His people, and the intercession of the saints.

Doctors of the Church: Defining the Faith reveals how Saints Ambrose, Augustine, John Chrysostom and Athanasius suffered for the Church and explores the development of the canon of the Bible, and the doctrines of the Church as hammered out in the councils.

### **CATHOLIC ANSWERS - Romance Without Regret DVD – Jason & Crystalina Evert**

Some think that "chastity" simply means "not having sex." But that's mere abstinence: what you can't do and can't have. Chastity is more than that, it is about what you can do and have-right now: a chaste lifestyle that brings freedom, respect, peace, and romance without regret.

What can save the marriages of tomorrow? In an age in which the media tell young people that they cannot -- and need not -- control themselves sexually, Jason and Crystalina's message to students from junior high school on up is challenging, entertaining, encouraging, and healing. Get the healthy and correct Catholic male and female perspectives on living chastely as you listen to their life-changing message.

### **VISION VIDEO - Teen Relationships and Sexual Pressure DVD – Jason Evert and Ellen Marie**

Teens are desperately searching for love. The media manipulates them with much misinformation and outright lies on male/female matters. This video presents a Christian perspective on sex and reveals to teens the reasons for pre-marital abstinence. It focuses not only on the physical, but also reveals the male/female perspective on the emotional and relational benefits from living according to the Biblical truths on sexuality. Jason Evert, M.A., and Ellen Marie, M.S., share real-life stories from teens who are dealing with today's pressures. These stories captivate youth while helping them understand why they benefit socially, emotionally and personally when they choose chastity. By following God's design for sexuality, teens realize they are developing healthy relationships and becoming fulfilled. (1 hr and 15min)

### **VISION VIDEO - Parents of Teens: Here's What You Need to Know - Jason Evert and Ellen Marie**

Jason Evert, M.A., and Ellen Marie, M.S., provide invaluable and practical guidance for parents on how to help their children through the trying teen years. They show why many teens feel pressured to become sexually active and how parents can help them remain chaste or return to a lifestyle of chastity. Jason and Ellen emphasize the importance of mothers and fathers vigorously passing on their values to teenagers. They guide parents through the critical area of helping their teenagers grasp the fact that actions have consequences. They point the way for teens to learn how to remove themselves from problem situations by knowing in advance how they will respond. The program provides six practical steps to follow that will strengthen parent/teen relationships and help protect young people during the turbulent teen years. (1hr and 27 min)

### **ASCENSION PRESS – Did Adam & Eve Have Belly Buttons? Revised Edition by Matthew Pinto**

Did Adam & Eve Have Belly Buttons? offers today's young Catholic 200 clear and insightful answers to questions about the Catholic faith. This book captures the attention of teens by directly addressing their concerns, misconceptions, and challenges. The revised edition adds over 500 Bible and 800 Catechism references, and has the Imprimatur.

### **ASCENSION PRESS – Did Jesus Have a Last Name? by Matthew Pinto, Jason Evert**

This long-awaited sequel to the best-selling *Did Adam & Eve Have Belly Buttons?* utilizes the same easy-to-read, question-and-answer format that has proven successful in capturing the hearts and minds of Catholic teenagers. With 200 actual questions from teens, *Did Jesus Have a Last Name?* offers clear and concise answers to some of the most challenging questions about the Church and its teachings.

### **ASCENSION PRESS – Do I Have to Go? 101 Questions About the Mass, the Eucharist, and Your Spiritual Life by Matthew Pinto, Chris Stefanick**

From playing video games to sleeping-in, teens can think of countless things they would rather do than go to Mass on Sunday morning. That is, unless they knew what they were missing. "Do I Have to Go?" explains the meaning and the mystery of Mass in such a way that teens will be asking, "Why wouldn't I go?"

**CHARIS BOOKS - *Ask the Bible Geek: Answers to Questions from Catholic Teens* by Mark Hart**

Gifted youth leader Mark Hart knows teens inside and out, and as the Bible Geek®, he asks and answers the real questions that puzzle them. Dealing realistically and honestly with concerns about God, temptations, personal issues, daily life and more, the Bible Geek® speaks encouragement to the minds and hearts of kids. His solutions to typical situations teens wonder about are rooted in Scripture and the Catholic tradition.

**SERVANT PUBLICATIONS - *Ask the Bible Geek 2: More Answers to Questions from Catholic Teens* by Mark Hart**

Mark Hart continues, in this second volume of *Ask the Bible Geek*, to answer teen's questions about faith and everyday life.

**SOPHIA INSTITUTE PRESS – *Meet Mary: Getting to Know the Mother of God* by Mark Miravalle**

This book is a wonderful introduction to the basics of the Church's teaching of Marian doctrine and devotion.

**TAN BOOKS – *MARY FABYAN WINDEATT SERIES ON THE SAINTS (20 BOOKS)*  
SEE DESCRIPTIONS ABOVE IN JR. HIGH SUPPLEMENTAL MATERIALS LIST**

**IGNATIUS PRESS – *VISION BOOK SERIES ON THE SAINTS (27 BOOKS)*  
SEE DESCRIPTIONS ABOVE IN JR. HIGH SUPPLEMENTAL MATERIALS LIST**

**SERVANT BOOKS – *I Choose God: Stories from Young Catholics* by eds. Christopher Cuddy and Peter Erickson**

This book contains 21 testimonies by young people about how they struggled to overcome difficult situations and find God in the Catholic Church. It tackles issues such as pornography, homosexuality, attempted suicide, euthanasia and tragedies. The stories provide insight into the everyday routine and lifestyle of adolescents and offer a glimpse into the outgoing, heroic faiths of others. These stories are a great witness to teenagers in our catechetical programs.

**ASCENSION PRESS – *Theology of HER Body / Theology of HIS Body (2 Books in 1)* by Jason Evert**

*Theology of Her Body* and *Theology of His Body* will feed your teens with liberating answers to their most pressing questions about love and sexuality. These books offer solid, relevant teachings in a language teens understand. But more than just presenting the truth itself, they deliver the tools teens need to achieve the greatness for which they were created. *Theology of Her Body* and *Theology of His Body* are two books in one. Teens are encouraged to not only learn the truth about their own body, but also to discover the beauty of the opposite sex, for it is in seeing the complementarity of the two sexes that one discovers the real meaning of his or her own body. This is the perfect companion to the *Theology of the Body for Teens* program, and is also ideal for teens new to the Theology of the Body. In these books teens will discover: How to live a life that will make them happy and fulfilled.

- That their sexual desires are good and holy and actually designed by God.
- The amazing meaning of their body and that it is very good.
- Their true calling and purpose in life.
- How to be the man or woman of greatness they are destined to be.
- The meaning and power behind the words Beauty, Femininity, Strength and Mission.
- What it means to be created male and female in God's image of love.
- The ways we have messed up God's original plan for us and how to fully restore it.

NEW

**ASCENSION PRESS – *A Biblical Walk Through the Mass* by Edward Sri © 2011**

In this five-part DVD series Edward Sri takes the viewer on an exciting tour of the liturgy. Based on the revised translation of the Mass which, it explores the biblical roots of the words and gestures we experience in Mass and explains their profound significance. Each 30 minute talk is designed to accompany a lesson in *A Biblical Walk Through the Mass* Student Pack and Leader's Pack. *A Biblical Walk Through the Mass* book is also available.